


Student \_\_\_\_\_ Teacher \_\_\_\_\_

No. of Lunches \_\_\_\_\_ Amount Enclosed \$ \_\_\_\_\_

# FHCS September Lunch

## Order Form

Due: 8/29/17

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All buns are wheat	Menu subject to change without notice		Cash or check accepted. Make checks payable to FHCS. \$4.00 per meal	
4 <b>No School</b> 	5 Chicken Alfredo Pasta w/ Roll or Cheese or Pepperoni Pizza or Crispy Chicken Salad  Chilled Applesauce Glazed Carrots  Low fat 1% White Milk or Fat Free Chocolate Milk	6 Bacon Cheeseburger or Chicken Patty Sandwich or American Sub Sandwich  Fresh Banana Pinto Beans  Low fat 1% White Milk or Fat Free Chocolate Milk	7 Cheese or Pepperoni Pizza or Cheeseburger or Club Sub  Fresh Oranges Steamed Spinach  Low fat 1% White Milk or Fat Free Chocolate Milk	8 Orange Chicken w/ Brown Rice or Chicken Patty Sandwich or Italian Sub  Chilled Peaches Steamed Corn  Low fat 1% White Milk or Fat Free Chocolate Milk
11 Chicken Nuggets W/ Roll or Cheeseburger or American Sub  Chilled Applesauce Potato Patty  Low fat 1% White Milk or Fat Free Chocolate Milk	12 Spaghetti w/ Meatballs or Chicken Patty or Buffalo Salad w/ Roll  Fresh Apple Cauliflower  Low fat 1% White Milk or Fat Free Chocolate Milk	13 Corn Dog or Spicy Chicken Sandwich or Turkey & Cheese Sub  Fresh Banana Mexican Beans  Low fat 1% White Milk or Fat Free Chocolate Milk	14 Chicken & Waffles or Cheeseburger or Crispy Salad w/ Roll Italian Sub  Fresh Oranges Carrot Coins  Low fat 1% White Milk or Fat Free Chocolate Milk	15 Sesame Ginger Chicken w/ Brown Rice or Cheese or Pepperoni Pizza or Chef Salad  Chilled Pears Broccoli  Low fat 1% White Milk or Fat Free Chocolate Milk
18 BBQ Hamburger or Chicken Sandwich or Turkey & Cheese Sub  Chilled Peaches Potato Tots  Low fat 1% White Milk or Fat Free Chocolate Milk	19 Cheese or Pepperoni Pizza or Chicken Sandwich or Crispy Chicken Salad  Fresh Apple Green Beans  Low fat 1% White Milk or Fat Free Chocolate Milk	20 Beefy Mac or French Bread Pizza or Chef Salad  Fresh Banana Refried Beans  Low fat 1% White Milk or Fat Free Chocolate Milk	21 Meat Ball Sub or Cheeseburger or Club Sub  Fresh Banana Refried Beans  Low fat 1% White Milk or Fat Free Chocolate Milk	22 Chicken Broccoli Stir Fry or Chicken Sandwich or Turkey Ham & Cheese Sub  Chilled Applesauce Broccoli  Low fat 1% White Milk or Fat Free Chocolate Milk
25 Chicken Nuggets W/ Roll or Cheeseburger or Chef Salad  Chilled Applesauce Potato Patty  Low fat 1% White Milk or Fat Free Chocolate Milk	26 Spaghetti W/ Meatballs or Spicy Chicken or Buffalo Salad  Fresh Apple Broccoli  Low fat 1% White Milk or Fat Free Chocolate Milk	27 Cheese or Pepperoni Pizza or BBQ Hamburger or Chicken Caesar Salad  Fresh Banana Black Beans  Low fat 1% White Milk or Fat Free Chocolate Milk	28 Chicken & Waffles or Cheeseburger or Crispy Chicken Salad  Fresh Oranges Green Beans  Low fat 1% White Milk or Fat Free Chocolate Milk	29 French Bread Pizza or Corn Dog or Buffalo Chicken Wrap  Chilled Applesauce Steamed Corn  Low fat 1% White Milk or Fat Free Chocolate Milk

## SEPTEMBER LUNCH ORDER

Attached is the September lunch menu. To order, please read the following instructions **CAREFULLY**.

This month's order is **DUE NO LATER THAN 3:30 P.M. TUESDAY, August 29<sup>th</sup>**. Any orders sent in after that cannot be processed.

- 1) Monthly Menu Calendars will be sent home with your child prior to the beginning of each month. **THIS WILL BE YOUR ORDER FORM**. The price for each meal is **\$4.00**.
- 2) Put your child's name and teacher's name at the top of the menu/order form.
- 3) **CIRCLE THE DATE** of each day in the month you want to order a meal. **ORDER FOR THE ENTIRE MONTH**.
- 4) Each day has a choice of three entrees. **CIRCLE ONE ENTRÉE CHOICE**.
- 5) Below the entrée choices, you will see what vegetable and fruit will be served that day. You have no choice here.
- 6) At the bottom of the box, **CIRCLE WHAT TYPE OF MILK YOU WANT** (1% or Fat Free Chocolate).
- 7) **SUBMIT** the Menu Order Form and total dollar amount for the month to the office or your child's teacher by the due date above.

If the school is notified in advance that an order needs to be cancelled, the money paid will go towards a credit for the child. **IF YOUR CHILD IS ABSENT, AND THE FOOD IS DELIVERED**, we will not be able to compensate you for the cost of the lunch.

The menu can also be accessed on the [fhcspto.org](http://fhcspto.org) website.