


Student _____ Teacher _____

No. of Lunches _____ x \$4 = Amount Enclosed \$ _____

**FHCS September
Lunch
Order Form
Due: 8/30/18**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All bun are wheat.	Menu is subject to change without notice.	Cash or check accepted. Make checks payable to FHCS.		\$4. 00 per meal.
<p style="text-align: center;">3</p> <p>No School Labor Day</p> 	<p style="text-align: center;">4</p> <p>Pizza Cheese or Pepperoni or Chicken Patty Sandwich or Turkey Sub</p> <p>Fresh Apple Steamed Broccoli</p> <p>Low fat 1% White Milk or Fat Free Chocolate Milk</p>	<p style="text-align: center;">5</p> <p>Nachos or Cheeseburger or Chicken Caesar Salad</p> <p>Fresh Banana Black Beans</p> <p>Low fat 1% White Milk or Fat Free Chocolate Milk</p>	<p style="text-align: center;">6</p> <p>Chicken & Waffles or BBQ Hamburger or Italian Sub</p> <p>Fresh Oranges Steamed Green Beans</p> <p>Low fat 1% White Milk or Fat Free Chocolate Milk</p>	<p style="text-align: center;">7</p> <p>Country Fried Steak Potatoes & Gravy or French Bread Pizza or Turkey Sub</p> <p>Chilled Peaches Steamed Corn</p> <p>Low fat 1% White Milk or Fat Free Chocolate Milk</p>
<p style="text-align: center;">10</p> <p>Cheese or Pepperoni Pizza or Cheeseburger or American Sub</p> <p>Chilled Applesauce Green Beans</p> <p>Low fat 1% White Milk or Fat Free Chocolate Milk</p>	<p style="text-align: center;">11</p> <p>Chicken Alfredo or Chicken Patty or Crispy Chicken Salad w/ Roll</p> <p>Fresh Apple Cauliflower</p> <p>Low fat 1% White Milk or Fat Free Chocolate Milk</p>	<p style="text-align: center;">12</p> <p>Chicken Tenders Or Corn Dog or Turkey & Cheese Sub</p> <p>Fresh Banana Potato Patty</p> <p>Low fat 1% White Milk or Fat Free Chocolate Milk</p>	<p style="text-align: center;">13</p> <p>Swiss Steak w/ Potatoes & Gravy or Cheeseburger or Buffalo Chicken Salad</p> <p>Fresh Oranges Broccoli</p> <p>Low fat 1% White Milk or Fat Free Chocolate Milk</p>	<p style="text-align: center;">14</p> <p>Orange Chicken w/ Brown Rice or Cheese or Pepperoni Pizza or Italian Sub</p> <p>Chilled Peaches Corn</p> <p>Low fat 1% White Milk or Fat Free Chocolate Milk</p>
<p style="text-align: center;">17</p> <p>Chicken Nuggets W/ Roll or Cheeseburger or Chef Salad</p> <p>Chilled Applesauce Potato Patty</p> <p>Low fat 1% White Milk or Fat Free Chocolate Milk</p>	<p style="text-align: center;">18</p> <p>Spaghetti w/Meat sauce or Cheese or Pepperoni Pizza or Crispy Chicken Salad</p> <p>Fresh Apple Green Beans</p> <p>Low fat 1% White Milk or Fat Free Chocolate Milk</p>	<p style="text-align: center;">19</p> <p>Cheese Enchiladas or French Bread Pizza or Turkey & Cheese Sub</p> <p>Fresh Banana Ranchero Beans</p> <p>Low fat 1% White Milk or Fat Free Chocolate Milk</p>	<p style="text-align: center;">20</p> <p>Chicken & Waffles or Cheeseburger or Crispy Chicken Salad</p> <p>Fresh Oranges Carrot Coins</p> <p>Low fat 1% White Milk or Fat Free Chocolate Milk</p>	<p style="text-align: center;">21</p> <p>Cheese & Pepperoni Pizza or Chicken Sandwich or Turkey Ham Cheese Sub</p> <p>Chilled Pears Broccoli</p> <p>Low fat 1% White Milk or Fat Free Chocolate Milk</p>
<p style="text-align: center;">24</p> <p>Chicken Tenders W/ Roll or Cheeseburger or Chef Salad</p> <p>Chilled Peaches Potato Patty</p> <p>Low fat 1% White Milk or Fat Free Chocolate Milk</p>	<p style="text-align: center;">25</p> <p>Country Fried Steak W/ Mashed Potatoes or BBQ Hamburger or Crispy Chicken Salad</p> <p>Fresh Apple Mashed Potatoes</p> <p>Low fat 1% White Milk or Fat Free Chocolate Milk</p>	<p style="text-align: center;">26</p> <p>Cheese or Pepperoni Pizza or BBQ Hamburger or Chicken Creaser Salad</p> <p>Fresh Banana Black Beans</p> <p>Low fat 1% White Milk or Fat Free Chocolate Milk</p>	<p style="text-align: center;">27</p> <p>Meatball Sub or Chicken Patty Sandwich or Turkey & Cheese Sub</p> <p>Fresh Oranges Carrots & Celery Sticks w/ Ranch Dressing</p> <p>Low fat 1% White Milk or Fat Free Chocolate Milk</p>	<p style="text-align: center;">28</p> <p>French Bread Pizza or Corn Dog or Italian Sub</p> <p>Chilled Applesauce Steamed Corn</p> <p>Low fat 1% White Milk or Fat Free Chocolate Milk</p>

SEPTEMBER LUNCH ORDER

Attached is the September lunch menu. To order, please read the following instructions **CAREFULLY**.

This month's order is **DUE NO LATER THAN 3:00 P.M. THURSDAY, AUGUST 30th**. Any orders sent in after that may not be able to be processed.

- 1) Monthly Menu Calendars will be sent home with your child prior to the beginning of each month. **THIS WILL BE YOUR ORDER FORM**. The price for each meal is **\$4.00**.
- 2) Put your child's name and teacher's name at the top of the menu/order form.
- 3) **CIRCLE THE DATE** of each day in the month you want to order a meal. **ORDER FOR THE ENTIRE MONTH**.
- 4) Each day has a choice of three entrees. **CIRCLE ONE ENTRÉE CHOICE**.
- 5) Below the entrée choices, you will see what vegetable and fruit will be served that day. You have no choice here.
- 6) At the bottom of the box, **CIRCLE WHAT TYPE OF MILK YOU WANT** (1% or Fat Free Chocolate).
- 7) **SUBMIT** the Menu Order Form and total dollar amount for the month to the office or your child's teacher by the due date above.

If the school is notified in advance that an order needs to be cancelled, the money paid will go towards a credit for the child. **IF YOUR CHILD IS ABSENT**, AND THE FOOD IS DELIVERED, we will not be able to compensate you for the cost of the lunch.

The menu can also be accessed on the fhcspto.org website.