






Student _____ Teacher _____

No. of Lunches _____ x \$4 = Amount Enclosed \$ _____

FHCS August
Lunch
Order Form
Due: 8/9/19

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All buns are wheat.	Menu is subject to change without notice.	Cash or check accepted. Make checks payable to FHCS.		\$4. 00 per meal
5 	6 	7 	8 	9 
12 Chicken Nuggets w/Roll or Cheeseburger or Turkey Cheese Sub Chilled Applesauce Green Beans Low fat 1% White Milk or Fat Free Chocolate Milk	13 Cheese or Pepperoni Pizza or Chicken Burger or Turkey & Cheese Sub Fresh Apple Corn Low fat 1% White Milk or Fat Free Chocolate Milk	14 Cheese Enchiladas or Chicken Patty Sandwich or Chicken Cesar Salad Fresh Banana Mexican Low fat 1% White Milk or Fat Free Chocolate Milk	15 Chicken & Waffles or Hot Dog on a Bun or Crispy Chicken Salad w/ Roll Fresh Oranges Carrot Coins Low fat 1% White Milk or Fat Free Chocolate Milk	16 Cheese or Peperoni Pizza or BBQ Hamburger or Chef Salad Chilled Pears Broccoli Low fat 1% White Milk or Fat Free Chocolate Milk
19 Chicken Tenders or Cheeseburger or Turkey & Cheese Sub Chilled Applesauce Potato Tots Low fat 1% White Milk or Fat Free Chocolate Milk	20 Cheese or Pepperoni Pizza or BBQ Rib Sandwich or Crispy Chicken Salad Fresh Apple Seasoned Corn Low fat 1% White Milk or Fat Free Chocolate Milk	21 Nachos or Corn Dog or Chef Salad w/Roll Fresh Banana Ranchero Beans Low fat 1% White Milk or Fat Free Chocolate Milk	22 Chicken Nuggets or BBQ Hamburger or Italian Sub Orange Smiles Steamed Carrots Low fat 1% White Milk or Fat Free Chocolate Milk	23 Cheese or Peperoni Pizza or Chicken Patty Sandwich or Turkey & Ham Sub Chilled Applesauce Broccoli Low fat 1% White Milk or Fat Free Chocolate Milk
26 Chicken Nuggets or BBQ Rib Sandwich or Buffalo Chicken Salad Chilled Peaches Potato Tots Low fat 1% White Milk or Fat Free Chocolate Milk	27 Cheese or Pepperoni Pizza or Hamburger or Crispy Chicken Salad Fresh Apple Steamed Corn Low fat 1% White Milk or Fat Free Chocolate Milk	28 Cheese Enchiladas or Chicken Burger or Turkey & Cheese Sub Fresh Banana Refried Beans Low fat 1% White Milk or Fat Free Chocolate Milk	29 Chicken & Waffles or Corn Dog or Ham & Cheese Sub Fresh Orange Smiles Potato Patty Low fat 1% White Milk or Fat Free Chocolate Milk	30 Cheese or Peperoni Pizza or Chicken Patty Sandwich or Chef Salad Chilled Applesauce Fresh Broccoli w/ Ranch Dressing Low fat 1% White Milk or Fat Free Chocolate Milk

"In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 495-3272 (voice) or (202) 720-5964. USDA is an equal opportunity provider and employer"

AUGUST LUNCH ORDER

Attached is the August lunch menu. To order, please read the following instructions **CAREFULLY**.

This month's order is **DUE NO LATER THAN FRIDAY, AUGUST 9th**. Any orders sent in after that may not be able to be processed.

- 1) Monthly Menu Calendars will be sent home with your child prior to the beginning of each month. **THIS WILL BE YOUR ORDER FORM**. The price for each meal is **\$4.00**.
- 2) Put your child's name and teacher's name at the top of the menu/order form.
- 3) **CIRCLE THE DATE** of each day in the month you want to order a meal. **ORDER FOR THE ENTIRE MONTH**.
- 4) Each day has a choice of three entrees. **CIRCLE ONE ENTRÉE CHOICE**.
- 5) Below the entrée choices, you will see what vegetable and fruit will be served that day. You have no choice here.
- 6) At the bottom of the box, **CIRCLE WHAT TYPE OF MILK YOU WANT** (1% or Fat Free Chocolate).
- 7) **SUBMIT** the Menu Order Form and total dollar amount for the month to the office or your child's teacher by the due date above.

If the school is notified in advance that an order needs to be cancelled, the money paid will go towards a credit for the child. **IF YOUR CHILD IS ABSENT**, AND THE FOOD IS DELIVERED, we will not be able to compensate you for the cost of the lunch.

The menu can also be accessed on the fhcspto.org website.